



Daily Chef Specials

July 28th - August 3rd

Kitchen# 763-270-3487

SUNDAY 7/28

MONDAY 7/29

TUESDAY 7/30

WEDNESDAY 7/31

THURSDAY 8/1

FRIDAY 8/2

SATURDAY 8/3

BREAKFAST

Cinnamon Roll
Scrambled
Egg's
Bacon
Fruit

Choice of Egg's
Bacon or
Sausage
Hashbrown's
Pastry
Fruit

Waffles
Bacon
Scrambled
Egg's
Fruit

Sausage and
Egg English
Muffin
Sandwich
Hashbrown's
Fruit

Pancakes
Scrambled
Egg's
Sausage
Fruit

Chef's Choice
Omelet
Bacon
Pastry
Fruit

French Toast
Scrambled
Egg's
Sausage
Fruit

LUNCH

Garlic Roast Beef
Red Wine Gravy
Roasted Gold
Potatoes
Candied Carrots
Apple Pie

Grilled Chicken
Spinach and
Sundried
Tomato Pasta
Alfredo
Garlic Toast
Vegetable
Tiramisu

Honey-Butter
Corn Muffin
BBQ Bacon
Wrapped Pork
Tenderloin
Gouda Mac &
Cheese
Chocolate Cake

Creamy Chicken
Wild Rice
Club Sandwich
Fruit
Cheesecake

French Onion
Burger
Provolone
Cheese
Cucumber Salad
Potato Chips
Ice Cream Treat

Beer Battered
Shrimp
Coleslaw
French Fries
Lemon Crunch
Pie

Hawaiian Rolls
Teriyaki Grilled
Chicken Thighs
Pineapple
Macaroni Salad
Coconut Cake

DINNER

Boneless Chicken
Wings
BBQ and Ranch
Dipping sauce
French Fries
Fruit
Cookies

Roasted Red
Pepper and Gouda
Soup
Grilled Bacon And
Cheese Sandwich
Fruit
Pudding

Steak and Cheese
Fajittas
Spanish Rice
Sour Cream and
Salsa
Mini Donuts

Grilled Bratwurst
Pasta Salad
Fruit
Rocky Road
Brownie

Chicken And Bacon
Flatbread Pizza
Garden Salad
Ranch
Cupcake

Italian Wedding
Soup
Italian Cold Cut Sub
Fruit
Peanut butter Rice
Krispie

Sloppy Joe
Chips
Fruit
Cookie

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus

Lighter Side Specials

July 21st - July 27th

Kitchen# 763-270-3487

SUNDAY 7/21

MONDAY 7/22

TUESDAY 7/23

WEDNESDAY 7/24

THURSDAY 7/25

FRIDAY 7/26

SATURDAY 7/27

BREAKFAST

Oatmeal
With Berries,
Honey and
Walnuts
Muffin
Yogurt
Fruit

Avocado
Toast
Scrambled
Egg's
Low Sodium
Bacon
Fruit

Cold Cereal
Muffin
Yogurt
Fruit

Scrambled
Egg's
Low Sodium
Bacon
Wheat Toast
Fruit

Oatmeal
With Raisins,
Brown Sugar
and Walnuts
Muffin
Yogurt
Fruit

Omelet
With Veggies
Cheese
Wheat Toast
Low Sodium
Bacon
Fruit

Whole Wheat
French Toast
Topped with
Fruit
Low Sodium
Bacon

LUNCH

Southwest Grilled
Salmon with Pico
de Gallo
Cilantro Cream
Sauce
Red Beans and
Rice

Greek Chicken
Salad
Breadstick
Greek Vinaigrette
Dressing

Smoked
Chicken
Bratwurst
Caramelized
Onions
Sweet Potato
Chips
Fruit

Chefs Choice Soup
Fried Green
Tomato Sandwich
Fruit

California
Turkey Burger
Sweet Potato
Fries
Fruit

Chicken Caesar
Wrap
Pasta Salad
Fruit

Baked Cod with
Lemon, Garlic, and
Herbs
Baked Sweet
Potatoes
Vegetable

DINNER

Grilled Chicken
Club Ranch Wrap
Sun chips

Chefs Choice Soup
Egg Salad on
Wheat
Fruit

Shrimp Taco's
Fresh Salsa
Avocado
Sweet Potato
Tortilla Chips
Fruit

Brown Rice
Bowl Topped
with Sesame
Chicken
Vegetables

Lemon Pepper
Baked Cod
Baked Potato
Vegetable

Chefs Choice Soup
Avocado BLT on
Wheat
Fruit

Chef Salad
Breadstick
Light Ranch
Dressing

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus