



# Daily Chef Specials

**July 21st - July 27th**

**Kitchen# 763-270-3487**

SUNDAY 7/21

MONDAY 7/22

TUESDAY 7/23

WEDNESDAY 7/24

THURSDAY 7/25

FRIDAY 7/26

SATURDAY 7/27

## BREAKFAST

Caramel Pecan  
Roll  
Scrambled  
Egg's  
Bacon  
Fruit

Choice of Egg's  
Bacon or  
Sausage  
Hashbrown's  
Pastry  
Fruit

Waffles  
Bacon  
Scrambled  
Egg's  
Fruit

Fried Egg and  
Bacon  
Sandwich  
Hashbrown's  
Fruit

Pancakes  
Scrambled  
Egg's  
Sausage  
Fruit

Chef's Choice  
Omelet  
Bacon  
Pastry  
Fruit

French Toast  
Scrambled  
Egg's  
Sausage  
Fruit

## LUNCH

Dinner Roll  
Meatloaf  
Mashed Potatoes  
Gravy  
Vegetable  
Strawberry  
Cream Pie

Chicken and  
Dumplings  
Fruit Salad  
Jell-O Poke Cake

Smoked Pork  
Chop  
Roasted Apple  
Glaze  
Cheesy Potato  
Casserole  
Vegetable  
Pecan Pie

Cheesy  
Cauliflower Soup  
Chicken Salad  
Croissant  
Fruit  
Cheesecake

Cheeseburger  
Slider  
Fried Onions  
Special Sauce  
Shoestring  
French Fries  
Fruit  
Ice Cream

Coconut Shrimp  
Pina Colada  
Dipping  
Roasted Potato  
Coleslaw  
Banana Cream  
Pie

Chicken Cordon  
Blue  
Rice-A-Roni  
Vegetable  
Berry-Rhubarb  
Crisp

## DINNER

Goulash  
Buttered Bread  
Vegetable  
Cookie

Tomato Basil Soup  
Grilled Cheese  
Fruit  
Cream Puff

Philly Cheesesteak  
On Hoagie  
Tater-Tot's  
Fruit  
Dessert Bar

Smoked Kielbasa  
on a Bun  
Grilled Onions  
German Mustard  
Potato Salad  
Cookie

Garlic Breadstick  
Lasagna  
Vegetable  
Spumoni

Beef Barley  
Summer Sausage  
w/ Cheese  
Sandwich  
Fruit  
Dessert Bar

Dinner Roll  
Ham and Potato  
Casserole  
Vegetable  
Fruit  
Jell-O

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*

# Lighter Side Specials

**July 21st - July 27th**

**Kitchen# 763-270-3487**

SUNDAY 7/21

MONDAY 7/22

TUESDAY 7/23

WEDNESDAY 7/24

THURSDAY 7/25

FRIDAY 7/26

SATURDAY 7/27

## BREAKFAST

Oatmeal  
With Berries,  
Honey and  
Walnuts  
Muffin  
Yogurt  
Fruit

Avocado  
Toast  
Scrambled  
Egg's  
Low Sodium  
Bacon  
Fruit

Cold Cereal  
Muffin  
Yogurt  
Fruit

Scrambled  
Egg's  
Low Sodium  
Bacon  
Wheat Toast  
Fruit

Oatmeal  
With Raisins,  
Brown Sugar  
and Walnuts  
Muffin  
Yogurt  
Fruit

Omelet  
With Veggies  
Cheese  
Wheat Toast  
Low Sodium  
Bacon  
Fruit

Whole Wheat  
French Toast  
Topped with  
Fruit  
Low Sodium  
Bacon

## LUNCH

Turkey Club  
Wrap  
Sun Chips  
Fruit

Herb and  
Lemon Baked  
Cod  
Roasted  
Potatoes  
Vegetable

BBQ Chicken  
Baked Potato  
Vegetable

Chefs Choice Soup  
Deli Turkey and  
Cheese Sandwich  
Lettuce, Tomato  
with Light  
Mayonnaise  
Fruit

California  
Turkey Burger  
Sweet Potato  
Fries  
Fruit

Tilapia  
Sweet Potatoes  
Fries  
Vegetable  
Tartar and  
Lemon

Steak Caesar Salad  
Breadstick  
Fruit

## DINNER

Grilled Chicken  
Salad  
with Apple, Bacon  
and Blue Cheese  
Raspberry  
Vinaigrette

Chefs Choice Soup  
B.L.T. Sandwich  
Fruit

Santa-Fe Steak  
Rice Bowl w/  
Veggies and  
Avocado  
Fruit

Grilled Chicken  
Sandwich  
Sweet Potato  
Fries  
Fruit

Caprese Tomato  
Salad with  
Balsamic Dressing  
Garlic Breadstick  
Fruit

Chefs Choice Soup  
Deli Ham and  
Cheese Sandwich  
Sweet Potato  
Chips

Baked Potato w/  
Bacon, and  
Cheese  
Sour Cream  
Broccoli

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*