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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  **Saturday** |
|   | 1  | 2  | 3  | 4  | 5  | 6 |
|  | **10:00 Coffee &**  **Conversation****10:30 Exercise****12:00 Bingo****2:00 Social Hour****5:00 Creative Time****5:30 Soundscapes** | **10:00 Coffee & Conversation****12:30 Zoo Mobile****1:45 Cardio Drumming****2:15 Social Hour****3:30 Music Therapy****5:30 Pet Visits** | **10:00 Coffee &**  **Conversation****12:30 Baking****2:00 – Social Hour** **3:00 Balloon Toss****5:00 Sing with Suzy Q** | **HAPPY INDEPENDENCE DAY!****10:30 Coffee & Conversation****1:00 Creative Coloring****2:00 Social Hour** | **10:30 Exercise****12:30 UNO Game****2:00 Craft Time****3:00 Social Hour****5:00 Creative Time** | **10:00 Coffee & Conversation****12:00 Bingo****2:00 Social Hour** **3:00 1:1 Time****5:00 Puzzles** |
|  7 | 8 | 9 | 10 | 11 | 12 | 13 |
| **10:00 Worship Sing**  **Along****10:30 Daily Chronicles &**  **Devotions****2:00 Social Hour** | **10:00 Coffee &**  **Conversation****10:30 Exercise****1:00 Music by Kent A.****2:30 Social Hour****5:00 Creative Time****5:30 Soundscapes** | **10:00 Coffee & Conversation****12:00 UNO****1:00 Worship Service****1:45 Cardio Drumming****2:15 Social Hour****3:30 Music Therapy****5:30 Sing Along** | **9:00 Eldergrow****12:30 Baking****2:00 – Social Hour & Ice**  **Cream on the Patio****3:00 Walk About****5:00 Sing with Suzy Q** | **10:00 Coffee & Conversation****12:00 Manicures** **2:00 Trivia Time****3:00 Social Hour****5:00 Creative Coloring** | **10:30 Exercise****12:30 6,5,4 Dice****2:00 Music by: Deb B.** **(Chapel)****3:00 Social Hour****5:00 Creative Time** | **10:00 Coffee & Conversation****12:00 Bingo****2:00 Social Hour** **3:00 1:1 Time****5:00 Puzzles** |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| **10:00 Worship Sing**  **Along****10:30 Daily Chronicles &**  **Devotions****2:00 Social Hour** | **10:00 Coffee &**  **Conversation****10:30 Exercise****12:00 Bingo****2:00 Social Hour****5:00 Creative Time****5:30 Soundscapes** | **10:00 Coffee & Conversation****12:00 6,5,4 Dice****1:00 Worship Service****1:45 Cardio Drumming****2:15 Social Hour****3:30 Music Therapy****5:30 Pet Visits** | **10:00 – Songs of Hope**  **(Chapel)****12:30 Baking****2:00 Pie Social****3:30 Balloon Toss****5:00 Sing with Suzy Q** | **10:00 – Elk River Lutheran**  **Church Service (Chapel)** **10:30 Bison Fishing Outing****2:00 – Sr. Singo Bingo & Music** **(Dining Area)****3:00 Social Hour****5:00 Short Stories** | **10:30 Exercise****12:30 6,5,4 Dice****2:00 Music by: Tom P** **(Chapel)****3:00 Social Hour****5:00 Creative Time** | **10:00 Coffee & Conversation****12:00 Bingo****2:00 Social Hour** **3:00 1:1 Time****5:00 Puzzles** |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| **10:00 Worship Sing**  **Along****10:30 Daily Chronicles &**  **Devotions****2:00 Social Hour** | **10:00 Coffee &**  **Conversation****10:30 Exercise****12:00 Bingo****2:00 Social Hour****5:00 Creative Time****5:30 Soundscapes** | **10:00 Coffee & Conversation****12:00 Pictionary Game** **1:00 Worship Service****1:45 Cardio Drumming****2:15 Social Hour****3:30 Music Therapy****5:30 Sing Along** | **9:00 Eldergrow****12:00 Baking****1:30 Music by Manny****2:00 – Social Hour****3:00 Balloon Toss****5:30 Butterfly Release**  **(Back Patio)** | **10:00 Coffee & Conversation****12:00 Manicures****1:00 Walk About****2:00 Trivia Time****3:00 Social Hour****5:00 UNO** | **10:30 Exercise****12:30 6,5,4 Dice****2:00 Music by: Jim W.** **(Chapel)****3:00 Social Hour****5:00 Creative Time** | **10:00 Coffee & Conversation****12:00 Bingo****2:00 Social Hour** **3:00 1:1 Time****5:00 Puzzles** |
| 28 | 29 | 30 | 31 |  |  |   |
| **10:00 Worship Sing**  **Along****10:30 Daily Chronicles &**  **Devotions****2:00 Social Hour** | **10:00 Coffee &**  **Conversation****10:30 Exercise****12:00 Bingo****1:30 Music by Patrick**  **Allen****5:00 Creative Time****5:30 Soundscapes** | **10:00 Coffee & Conversation****12:00 Fishbowl Game****1:00 Worship Service****1:45 Cardio Drumming****2:15 Social Hour****3:30 Music Therapy****5:30 Sing Along** | **10:00 Coffee &**  **Conversation****12:30 Baking****2:00 Social Hour****3:00 Balloon Toss****4:00 – 6:00 Family Picnic** |  |  |  |

**July 2024**

Memory Care Activity Calendar