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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | **10:00 Coffee &**  **Conversation**  **10:30 Exercise**  **12:00 Bingo**  **2:00 Social Hour**  **5:00 Creative Time**  **5:30 Soundscapes** | **10:00 Coffee & Conversation**  **12:30 Zoo Mobile**  **1:45 Cardio Drumming**  **2:15 Social Hour**  **3:30 Music Therapy**  **5:30 Pet Visits** | **10:00 Coffee &**  **Conversation**  **12:30 Baking**  **2:00 – Social Hour**  **3:00 Balloon Toss**  **5:00 Sing with Suzy Q** | **HAPPY INDEPENDENCE DAY!**  **10:30 Coffee & Conversation**  **1:00 Creative Coloring**  **2:00 Social Hour** | **10:30 Exercise**  **12:30 UNO Game**  **2:00 Craft Time**  **3:00 Social Hour**  **5:00 Creative Time** | **10:00 Coffee & Conversation**  **12:00 Bingo**  **2:00 Social Hour**  **3:00 1:1 Time**  **5:00 Puzzles** |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| **10:00 Worship Sing**  **Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Coffee &**  **Conversation**  **10:30 Exercise**  **1:00 Music by Kent A.**  **2:30 Social Hour**  **5:00 Creative Time**  **5:30 Soundscapes** | **10:00 Coffee & Conversation**  **12:00 UNO**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **2:15 Social Hour**  **3:30 Music Therapy**  **5:30 Sing Along** | **9:00 Eldergrow**  **12:30 Baking**  **2:00 – Social Hour & Ice**  **Cream on the Patio**  **3:00 Walk About**  **5:00 Sing with Suzy Q** | **10:00 Coffee & Conversation**  **12:00 Manicures**  **2:00 Trivia Time**  **3:00 Social Hour**  **5:00 Creative Coloring** | **10:30 Exercise**  **12:30 6,5,4 Dice**  **2:00 Music by: Deb B.**  **(Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:00 Coffee & Conversation**  **12:00 Bingo**  **2:00 Social Hour**  **3:00 1:1 Time**  **5:00 Puzzles** |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| **10:00 Worship Sing**  **Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Coffee &**  **Conversation**  **10:30 Exercise**  **12:00 Bingo**  **2:00 Social Hour**  **5:00 Creative Time**  **5:30 Soundscapes** | **10:00 Coffee & Conversation**  **12:00 6,5,4 Dice**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **2:15 Social Hour**  **3:30 Music Therapy**  **5:30 Pet Visits** | **10:00 – Songs of Hope**  **(Chapel)**  **12:30 Baking**  **2:00 Pie Social**  **3:30 Balloon Toss**  **5:00 Sing with Suzy Q** | **10:00 – Elk River Lutheran**  **Church Service (Chapel)**  **10:30 Bison Fishing Outing**  **2:00 – Sr. Singo Bingo & Music**  **(Dining Area)**  **3:00 Social Hour**  **5:00 Short Stories** | **10:30 Exercise**  **12:30 6,5,4 Dice**  **2:00 Music by: Tom P**  **(Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:00 Coffee & Conversation**  **12:00 Bingo**  **2:00 Social Hour**  **3:00 1:1 Time**  **5:00 Puzzles** |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| **10:00 Worship Sing**  **Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Coffee &**  **Conversation**  **10:30 Exercise**  **12:00 Bingo**  **2:00 Social Hour**  **5:00 Creative Time**  **5:30 Soundscapes** | **10:00 Coffee & Conversation**  **12:00 Pictionary Game**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **2:15 Social Hour**  **3:30 Music Therapy**  **5:30 Sing Along** | **9:00 Eldergrow**  **12:00 Baking**  **1:30 Music by Manny**  **2:00 – Social Hour**  **3:00 Balloon Toss**  **5:30 Butterfly Release**  **(Back Patio)** | **10:00 Coffee & Conversation**  **12:00 Manicures**  **1:00 Walk About**  **2:00 Trivia Time**  **3:00 Social Hour**  **5:00 UNO** | **10:30 Exercise**  **12:30 6,5,4 Dice**  **2:00 Music by: Jim W.**  **(Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:00 Coffee & Conversation**  **12:00 Bingo**  **2:00 Social Hour**  **3:00 1:1 Time**  **5:00 Puzzles** |
| 28 | 29 | 30 | 31 |  |  |  |
| **10:00 Worship Sing**  **Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Coffee &**  **Conversation**  **10:30 Exercise**  **12:00 Bingo**  **1:30 Music by Patrick**  **Allen**  **5:00 Creative Time**  **5:30 Soundscapes** | **10:00 Coffee & Conversation**  **12:00 Fishbowl Game**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **2:15 Social Hour**  **3:30 Music Therapy**  **5:30 Sing Along** | **10:00 Coffee &**  **Conversation**  **12:30 Baking**  **2:00 Social Hour**  **3:00 Balloon Toss**  **4:00 – 6:00 Family Picnic** |  |  |  |

**July 2024**

Memory Care Activity Calendar